

M.P.Ed. Scholars

Mugberia Gangadhar Mahavidyalaya

Department of Physical Education

Biswajit Dhali

- **Research Guidance: M.P.Ed. Dissertation/Thesis Supervisor at Mugberia Gangadhar Mahavidyalaya**

Sl. No.	Scholar's Name	Year/Date	Title of the Thesis
1	Barin Baran Das	July, 2018	Influence of Socio-Economic Status on Health Related Physical Fitness of School Going Boys
2	Safiul Haque Mistry	July, 2018	A Study on Physical Education and Sports Facilities of Schools at Sandeshkhali - I & II Block in North 24 Parganas District of West Bengal
3	Unmesh Utthasani	July, 2019	Study on Stress and Blood Glucose Level of Aged School-Teachers
4	Rina Das	July, 2019	Immediate Effect of Varied Intensity of Running Activity on Blood Glucose Level
5	Sukdeb Mondal	July, 2020	Facilities of Physical Education and Sports in Secondary and Higher Secondary Schools of Mahishadal Block
6	Pinki Karan	July, 2020	Effect of Asana on Physiological Variables of Growing Young Girls: A Review Study
7	Surabhi Sen	July, 2020	Immediate Effect of Surya-Namaskar on Diabetes
8	Deepshikha Roy	July, 2020	Effect of Pranayama on Physiological Variables of Growing Young Girls : A Review Study
9	Tarun Mahata	July, 2020	Anaerobic Power and Speed Performance of Trained Athletes: A Reconnoiter on Relationship
10	Modhusudan Pramanik	July, 2020	Effect of Covid 19 Pandemic on Physical and Mental Health of General Population: A Review
11	Suman Dey	July, 2021	Prescribe Exercise on Type 2 Diabetes Mellitus - A Review Study
12	Suchitra Hembrom	July, 2021	Effect of Stress on Type 2 Diabetes Mellitus: A Review Study
13	Rimpa Patra	July, 2021	Diet for Type 2 Diabetes Mellitus - A Review Based Recommendation
14	Moumita Garani	July, 2022	A Study on Physical Fitness Status in Respect of Age
15	Parbati Hembrom	July, 2022	Comparison of Physical Fitness and Academic Achievement among Girls of Different Growth Stages
16	Rahul Laskar	July, 2023	Effect of Surya Namaskar on Depletion of Blood Glucose Level on Varied Ingestion
17	Rajesh Patra	July, 2023	Effect of 15 Minutes Exercise on Depletion of Blood Glucose Level on Varied Ingestion
18	Payel Chakraborty	July, 2023	Effect of 20 Minutes Running Exercise on Depletion of Blood Glucose Level on Varied Ingestion
19	Sharmistha Barman	July, 2023	Effect of 30 Minutes Brisk Walking on Depletion of Blood Glucose Level on Varied Ingestion

Date: - 17/07/2023

Place – Mugberia

Biswajit Dhali

Signature