

M. P. Ed 1st Semester Examination 2020

Test Measurement and Evaluation in Physical education

MPEC – 101

Full Marks: 70

Time: 3 Hours

The figure in the margin indicated full marks.

The candidates are required to give their answer in their own words as far as practicable

Illustrate the answer wherever necessary

1. Discuss in details about the role of Test, Measurement and Evaluation in the field of Physical Education and Sports with suitable examples. 5+5+5=15

OR

What are the criteria of a good Test? Briefly discuss about any two criteria with example.

5+10=15

2. What do you mean by Motor fitness? Write in details about the Oregon motor fitness test and Canadian Motor Fitness Test. 5+5+5=15

OR

Write in details about the Health related Physical Fitness. Write in details about the AAHPERD test and Beep Test'. 5+5+5=15

3. Differentiate %-Fat, Fat mass, Lean Body Mass and Body Weight. 4+4+4+3=15

OR

Write in details about any three methods for measuring body composition.

5+5+5=15

4. Discuss the importance of measurement of Sports Skill in Physical Education. Briefly discuss Johnson Basketball Test. 7+8=15

OR

Explain 'Mc-Donald Soccer test' in details and briefly discuss Dyer Tennis Test.

8+7=15

5. Write notes on any two (2) of the following:

2 X 5=10

a) Barrow Motor Ability Test.

b) Harvard Step Test.

c) Braddy Volleyball Test.

d) Atomic Level of Body Composition.