# **PRABIR JANA**

S/O – BHABASANKAR JANA VIL – MADHYABILA PO – BAMANBARH DIST – PURBA MEDINIPUR PIN – 721456 MOBILE- 9593414701 E-mail: janaprabir113@gmail.com



#### **OBJECTIVE**

To become an indispensable part of a renowned organization in the field of Nutrition/Dietetics/Food Science and prove myself as a valuable asset to the organization

Examination	Passing yea	Board/College / University	Subject/Discipline	% marks obtained	Grade/ Division
10 <sup>th</sup> (Madhyamik)	2011	West Bengal Board of Secondary Education	Bengali, English, Mathematics, Physical Sci., Life Sci., History, Geography	73.75	A+
10+2 (Higher Secondary)	2013	West Bengal Council of Higher Secondary Education	Bengali, English, Biology, Nutrition, Chemistry, Geography, Environmental Education	74	A
B.Sc. (Nutrition - Honours)	2016	Mugberia Gangadhar Mahavidyalay a (Affiliated to Vidyasagar University)	Nutrition (Hons), Zoology (Gen), Physiology (Gen), English, Bengali, Environmental Studies,	68.50	1st
M.Sc	Final Semester	Vidyasagar University	Clinical Nutrition and Dietetics		

## EDUCATIONAL QUALIFICATION

## **COMPUTER LITERACY**

MS Office (Word, Excel, Power point)

## WORKSHOPS/SHORT COURSES ATTENDED

- 1. Training on 'Blood Collection assistant' in the Discipline of 'Paramedical' at Nekursuni Krishi Silpa Siksha Sadan under West Bengal State Council of Vocational Education for 6 months (January, 2012 June, 2012).
- 2. Training on 'Bratachary' at Nekursuni Krishi Silpa Siksha Sadan under Sakaler Association Bratachary for 1 month.

## **Review Work**

M.Sc 2<sup>nd</sup> semester review work was on 'ROTI IS THE ESSENTIONAL FOOD FOR GERIATRIC PERSON'

## **PROJECT WORK**

B.Sc. Project work was on 'SURVEY OF TOTAL WATER CONSUMPTION AMONG PEOPLE OF BHAGAWANPUR-II BLOCK AREA'

## **COURSES STUDIED**

- 1. Physiological Aspects of Nutrition
- 2. Nutritional Biophysics and Biochemistry
- 3. Human Nutrition
- 4. Community Nutrition
- 5. Food Science
- 6. Food Commodities
- 7. Diet Therapy-I
- 8. Diet Therapy-II
- 9. Food Microbiology, Hygiene and Sanitation
- 10. Public Health and Epidemiology
- 11. Nutritional physiology (Practical)
- 12. Bio-Chemistry (Practical)
- 13. Meal Management (Practical)
- 14. Project cum Internship (Practical)
- 15. Diet Therapy (Practical)
- 16. Community Nutrition (Practical)
- 17. Nutritional Physiology Including Metabolism in Disease
- 18. Nutritional Biochemistry
- 19. Researcher Methodology
- 20. Methods of Investigation Including Nanotechnology
- 21. Nutritional Physiology and Biochemistry (Practical)
- 22. Biometric Assessment of Nutritional Status (Practical)
- 23. Statistics and computer application
- 24. Functional foods and Nutraceutical including GM food and nutritional education, counseling and entrepreneurial development

- 25. Statistics and computer application (practical)
- 26. Public health and nutritional status assessment (assignment programme) and review work (practical)

### HANDS ON EXPERIENCE OF INSTRUMENT

- 1. Anthropometric Rod
- 2. Skin Fold Caliper
- 3. Sphygmomanometer
- 4. Hemoglobin meter
- 5. Microscope
- 6. Centrifuge
- 7. Hot Air Oven
- 8. Microwave Oven
- 9. Reflux Condenser
- 10. Spectrophotometer
- 11. Vortex Mixture
- 12. Water Bath
- 13. Micro Pipette
- 14. Pipette Pump
- 15. Automatic Biochemical Analyzer

#### SEMINAR/SYMPOSIUM/CONFERENCE ATTENDED

#### National

- 1. National Seminar on "Environment Friendly Biodegradable Polymers: Present and Future", organized by Dept. of Chemistry & Nutrition, Mugberia Gangadhar Mahavidyalaya, Bhupatinagar, Purba Medinipur, West Bengal, on 9-10<sup>th</sup> September, 2015.
- National Seminar on "Food Safety", organized by Dept. of Nutrition, Prabhat Kumar College, Contai, Purba Medinipur West Bengal and Ramnagar College, Depal, Purba Medinipur, West Bengal, on 7-8<sup>th</sup> August, 2013.

#### PUBLICATIONS

(\* Corresponding author)

## **Research papers**

#### International

1. Jana, P., Gayen, C.K. and Giri, A.\* (2016) "A Survey of Total Water Consumption among People of Bhagwanpur-II Block". International Journal of Trend in Research and Development. 3(3): 551-553, [ISSN: 2394-9333, IF: 2.010].

2. Gayen, C. K., Jana P. and Giri, A.\* (2016) "A survey of tea consumption among people of Bhagwanpur-II Block". International Journal of Trend in Research and Development. **3(3)**:

## EXTRA CURRICULAR ACTIVITIES

Cultivation, machine engine repairing etc.

## HOBBIES

Hearing songs, playing and watching cricket etc.

## PERSONAL INFORMATION

Date of birth: 30.06.1993

Gender: Male

Father's name: Bhabasankar Jana

Marital status: Unmarried

Caste: General

Blood group: A <sup>+</sup>

Language known: Bengali, Hindi, English

## DECLARATION

I do hereby declare that the above mentioned particulars are true to the best of my knowledge and belief.

## References

- Dr. Swapan Kumar Misra, Principal, Mugberia Gangadhar Mahavidyalaya, Vil+P.O Bhupatinagar, Dist – Purba Medinipur, Pin – 721425, Mobile: 9002275816, E-mail – mugberia\_college@rediffmail.com
- Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya, Vill+PO – Bhupatinagar, Dist – Purba Medinipur, Pin – 721425, Mobile: 9564289290, E-mail – apurbandri@gmail.com
- Chandan Khanra, Guest Lecturer, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya, Vil+P.O Bhupatinagar, Dist Purba Medinipur, Pin 721425, Mobile: 9635273395

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