



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

REPORT

ON

AWARENESS PROGRAMMED ON “THE ROLE OF MOTHER IN PROTECTING CHILD NUTRITION AND HEALTH”

ORGANIZED BY

Department of Nutrition

Mugberia Gangadhar Mahavidyalaya

11.02.2023

**Report prepared by Mrs. Moumita Samanta, SACT, Dept. of Nutrition, Mugberia
Gangadhar Mahavidyalaya**



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UTTARKHAMAR BISWANATH NURSERY SCHOOL

(ESTD.— 1991)

P.O.— ALUKARANBARH ★ P.S. - BHUPATINAGAR
DIST.— PURBA MEDINIPUR ★ PIN - 721454

Regd. No. - S/1L/82494 □ DISE Code No. - 19192003902

Ref No:

Date 06.02.2023

To

The Principal ,

Mugberia Gangadhar Mahavidyalaya ,

Bhupatinagar, Purbamidnapur .



Subject: Prayer for sending two professors in Nutrition including HOD and two student to attend the Awareness camp.

Respected Sir,

With due honour , I the Secretary of Uttarkhamar Biswanath Nursery School (of Uttarkhamar, Alukaranbarh, Purba Midnapur) beg to state that our school is going to organise an awareness camp on The Role of Mother in protecting Child's nutrition and health . It would be held in our school premises on 11.02.2023 ,Saturday at 11 a.m Needless to say , the camp would play an important role in spreading awareness among the mothers in our locality.

You are also informed here that we desire to have two honourable professors on Nutrition including the HOD and also two students of your esteemed college as honourable guests and speakers in the discussion of the camp.

I would therefore pray to you to consider our earnest desire and send the professors and the students to attend the much needed camp to make it a glorious and successful one.

Thanking You ,

Yours Sincerely,

Satyendra nath Bhattacharyya
Satyendranath Bhattacharyya

Secretary,

Uttarkhamar Biswanath Nursery School

To
HOD
for consideration
Bhupatnagar
06.02.2023

- Transportation arrangements will be made by the school.



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**Awareness programmed on “The role of mother in protecting child nutrition and health
“11.02.23**

REPORT:

An awareness programme on "The role of mother in protecting child's nutrition and health", was organized by Uttarkhamar Biswanath Nurseary School in collaboration With Mugberia Gangadhar Mahavidyalaya on 11.02.2023 at Uttarkhamar Biswanath Nurseary School. The programme was inaugurated by Satyendra nath Bhattacharyya Secretary Uttarkhamar Biswanath Nurseary School at 11 a.m. After that the nutritional and health related speech was given by Dr. Apurba Giri, (Assistant Professor and Head), Mrs. Moumita Samanta (SACT), Mrs. Rikta Jana (SACT). In between their speech B.Sc 6th sem nutrition (Hons)students Sukanta Bhunia, Rajaram Giri, Krishna Jana, Kabita Das, presented their poster শিশুর আহাৰজনিত সমস্যা ও সমাধান, প্রোটিন শক্তি অপুষ্টি, অনুপূৰক খাদ্য , শিশুর স্বল্প মূল্যের সুষম খাদ্য. At the end of programmed two mothers share their feedback verbally. The programmed was ended at 2p.m. with lunch to children's, mothers, speaker and other guests .The mother and organizing comity members wears highly satisfied by these valuable lecture.

Some photos of the programmed:



ATTENDANCE OF PARTICIPATE:

Date: 11.02.2021

Awareness Camp: The Role of Mother in protecting child's nutrition & Health

Organized by Uttarakhand Sahasra Shiksha Yojana, Lucknow. In collaboration with D.D. of Lucknow. Noida. Lucknow. Sahasra Shiksha Yojana.

Attendance

Speakers

1. Anand Prasad - IIT, Dehradun, Uttarakhand
2. Jitendra Prasad - President, Sahasra Shiksha Yojana, Lucknow
3. Dr. Anand Prasad - IIT, Dehradun, Uttarakhand
4. Nisha Prasad - IIT, Dehradun, Uttarakhand
5. Sushanta Prasad - IIT, Dehradun, Uttarakhand
6. Suman Prasad - IIT, Dehradun, Uttarakhand
7. Anand Prasad - IIT, Dehradun, Uttarakhand
8. Anand Prasad - IIT, Dehradun, Uttarakhand
9. Anand Prasad - IIT, Dehradun, Uttarakhand
10. Anand Prasad - IIT, Dehradun, Uttarakhand

Attendance of Mother

1. Minati Guchhait	Enigita Guchhait
2. Smita Das	ISHAN JANA
3. Sumita Das	Shantam Das
4. Sumita Das	Shubham Das
5. Mamata Pradhan Sasmal	Reyan Sasmal
6. Anika Das	Arshika Das
7. Subha Maiti	Sondia Maiti
8. Rubal Prasad (Maiti)	Anika Maiti
9. Anika Maiti	Shreya Maiti
10. Anika Maiti	Pratibha Maiti
11. Anika Maiti	Pranav Maiti
12. Anika Maiti	Suhani Pramanik
13. Anika Maiti	Anika Prasad
14. Anika Maiti	Anika Prasad
15. Anika Maiti	Anika Prasad
16. Anika Maiti	Ishita Prasad

43. Saraswati Maiti Mandal	Debasmita Mandal
44. Rilemini Manna Jana	Ranita Jana
45. Sumita Pal Mandal	Dipansu Mandal
46. Susmita Sarpanch Das	Arundha Das, Anusmita Das
47. Anika Maiti	Anika Maiti
48. Sumita Kula Santra	Anika Santra
49. Madhumita Jana Mandal	Ankan Mandal
50. Aparna Rani Maiti Kora	Soumitra Kora
51. Rumpa Pal	Soumitra Pal
52. Pinki Maiti	Soumitra Maiti
53. Mausumi Mishra	Soumitra Mishra
54. Ruma Giri	Dipali Giri
55. Sangita Jana	Sangita Jana
56. Anika Maiti	Anika Maiti
57. Anika Maiti	Anika Maiti
58. Anika Maiti	Anika Maiti
59. Anika Maiti	Anika Maiti
60. Anika Maiti	Anika Maiti
61. Anika Maiti	Anika Maiti
62. Anika Maiti	Anika Maiti
63. Anika Maiti	Anika Maiti
64. Anika Maiti	Anika Maiti
65. Anika Maiti	Anika Maiti
66. Anika Maiti	Anika Maiti
67. Anika Maiti	Anika Maiti
68. Anika Maiti	Anika Maiti
69. Anika Maiti	Anika Maiti
70. Anika Maiti	Anika Maiti
71. Anika Maiti	Anika Maiti
72. Anika Maiti	Anika Maiti
73. Anika Maiti	Anika Maiti
74. Anika Maiti	Anika Maiti
75. Anika Maiti	Anika Maiti
76. Anika Maiti	Anika Maiti
77. Anika Maiti	Anika Maiti
78. Anika Maiti	Anika Maiti
79. Anika Maiti	Anika Maiti
80. Anika Maiti	Anika Maiti

17. Anika Pattanayak	Anigita pattanayak
18. Anika Pattanayak	Anika Pattanayak
19. Anika Mishra	Anika Mishra
20. Anika Mishra	Anika Mishra
21. Anika Pramanik	Soumitra Pramanik
22. Anika Sasmal	Rehan Sasmal
23. Anandita Maiti	Anurag Maiti
24. Anika Maiti	Susy Maiti
25. Anika Maiti	Anika Maiti
26. Anika Maiti	Anika Maiti
27. Anika Maiti	Anika Maiti
28. Anika Maiti	Anika Maiti
29. Anika Maiti	Anika Maiti
30. Anika Maiti	Anika Maiti
31. Anika Maiti	Anika Maiti
32. Anika Maiti	Anika Maiti
33. Anika Maiti	Anika Maiti
34. Anika Pramanik	Dipankar Pramanik
35. Anika Pramanik	Riya Pramanik
36. Anika Pramanik	Anika Pramanik
37. Anika Pramanik	Anika Pramanik
38. Anika Pramanik	Anika Pramanik
39. Anika Pramanik	Anika Pramanik
40. Anika Pramanik	Anika Pramanik
41. Anika Pramanik	Anika Pramanik
42. Anika Pramanik	Anika Pramanik

78. Shyamali Jana	Anika Jana
79. Susama Mandal	Anika Mandal

RESOLUTION:

1. Poor diets in early childhood can lead to deficiencies in essential vitamins and nutrients – such as vitamin A deficiency, which weakens children's immunity, increases their risk of blindness and can lead to death from common childhood diseases like diarrhea.
2. Children need proper nutrients stay healthy and strong, and grow up healthy and strong. Nutrition for children can also help establish a foundation for healthy eating habits and nutritional knowledge that child can apply throughout life.
3. Preschoolers need to eat foods from all five healthy food groups – vegetables, fruit, grain foods, dairy and protein.
4. Healthy foods have nutrients that are important for growth, development and learning.
5. Encourage preschoolers to try new foods.
6. Keep healthy snacks on hand in classroom.


Principal
Mugberia Gangadhar Mahavidyalaya

