

ASSESSMENT OF ATTITUDE TOWARDS PHYSICAL ACTIVITY OF CHILDREN



A THESIS
PRESENTED TO THE VIDYASAGAR UNIVERSITY
IN LIEU OF A THEORY PAPER
FOR THE DEGREE OF MASTERS OF PHYSICAL EDUCATION

BY

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TO

My parents Sri. Dinesh Adhikary

& Smt. Archana Singha

Adhikary

And

My Brother Debjyoti Adhikary

My all-family members, My all-
respected teachers and all of
my friends.

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I do hereby declare that my research work entitles “ASSESSMENT OF ATTITUDE TOWARDS PHYSICAL ACTIVITY AMONG CHILDREN” is an original piece of work done under the supervision of Mrs. Sudipta Dasgupta, professor of department of physical education, mugberia gangadhar Mahavidyalaya, that was approved by the research committee. I have specified, by means of reference, the information from where the work taken. To the best knowledge, this dissertation is not substantially the same as those, which have already been submitted for a degree or other academic qualification at any other university.

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CHAPTER - I

INTRODUCTION

- 1.1 GENERAL INTRODUCTION
- 1.2 STATEMENT OF THE PROBLAME
- 1.3 OBJECTIVE OF THE STUDY
- 1.4 SIGNIFICANCE OF THE STUDY
- 1.5 DELIMITATION
- 1.6 LIMITATION
- 1.7 HYPOTHESIS
- 1.8 DEFFINATION OF THE STUDY

CHAPTER - V

SUMMARY, CONCLUSION AND RECOMMENDATION

In this chapter the summary of all previous chapters has been decrypted, conclusion draw on the basis of result often had been put up in this chapter. Recommendations for future investigations and for attitude status of primary and upper primary school children had also been included.

5.1 SUMMARY

The summary of the present study was to find out the attitude towards physical activity of primary and upper primary school student of cooch behar district. For this study researcher randomly selected 400 primary and upper primary school children from of cooch behar district. The age ranged between 9 to 12 years. All the subjects belong to different sociocultural status, their food habits are different, and their life style patterns are different. After the selection of the subjects from the different schools the researcher administrated the test to measures the selected variables. The variables are tested and measured to standard procedure with the help of percentage graph.

5.2 CONCLUSION

The finding of the attitude towards physical education of children are measured throwing questionnaire. How ever considering the limitation of present study on the basis of finding specific conclusion may be drown .

1. The children seems a positive attitude towards physical activity.
2. The children are interested in participate in various physical activity. They show to the favourable attitude towards physical activity.

5.3 RECOMMENDATIONS

The study proved that the attitude status of primary and upper primary school children are positive.

5.4 SUGGESTION FOR FURTHER RESEARCH

Based on the experience gathered through this study the researcher makes the following suggestions:

1. A similar study may be conducted on the high school students.
2. Similer study may be conducted on the students of English medium school'
3. This type of study may be conducted on large population for the other districts to make the study more authentic and valid.
4. On the basis of statistical evaluation this type of study may be conducted of different variables.
5. This type of study may be conducted on rural and urban people school going children.

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